

CARAGABAL PUBLIC SCHOOL NEWSLETTER



Term 4 Week 5

FROM MISS SANDERSON

As we wrap up Week 5, there is an incredible amount of energy and effort buzzing throughout our school community! Everyone is hard at work, and it's wonderful to see all the exciting projects and learning experiences taking place.

Our end-of-year play preparations are well underway. Students are enthusiastically practicing their lines and collaborating on creative backdrops and props to make our performance one to remember. We look forward to sharing this special event with families!

In our K-1 classrooms, students are diving into literacy lessons focused on keeping our world clean and free of pollution, fostering both literacy skills and environmental awareness. They've also been honing their math skills through activities centred around grouping and sharing, with lots of hands-on practice. To add to the excitement, we'll soon begin our class pet project, which will give students a chance to take turns caring for a classroom "pet" and recording their weekend adventures.

The 2-6 class has been engaged in a fascinating exploration of the Thylacine, with impressive work displayed around the room showcasing their research and creativity. It's inspiring to see the curiosity and thoughtfulness our students bring to this project.

Finally, we're pleased to welcome Mr. Cuttler back this Friday! His technology lessons have become a weekly highlight for students, who are gaining valuable skills and having plenty of fun in the process.

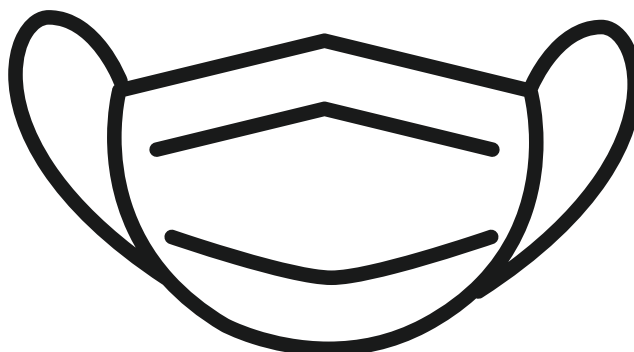
Thank you to all our students and staff for your hard work and enthusiasm this term. We look forward to continuing our learning journey together!



SCHOOL CAPTAIN'S REPORT



This week, the school has started on backdrops for the school play! Jo, Miss Marie and I sketched it out in chalk and soon it was ready for painting! It was changed up a bit but it ended up really colourful. We are not done yet, but we have made good progress. During maths time, the 2-6s have been doing math quiz games with Mrs G in extra time. The website we used is called Blooket and it is super fun. You can choose a game mode and then the host sets a bunch of math questions you have to answer. It gets a bit competitive but it is always super fun to race each other to win. We have had a bit of a bug going around and some kids have been sent home. Remember, if you have any symptoms please remain at home until you are better.



Term 4 Week 5

Monday the 11th to Friday 15th of November 2024

FROM THE K-1 CLASS

We are excited to announce a special opportunity for our K-2 students to bring home a “class pet” over the weekends for the next four weeks! Each child will have the chance to take home one of our pets, spending quality time with it and sharing their weekend adventures through a small creative project. Our pets do not have names as yet so this will be their first task to name the pet they take home this weekend.

Each weekend, students will have the opportunity to:

Write about their experiences with the pet.

Draw pictures or add photos of their weekend adventures.

Create a short story or journal entry showcasing their creativity and writing skills.

This activity is designed to encourage students to practice their writing, use their imagination, and share their personal stories.

We ask for your support in helping your child care for their weekend pet and in encouraging them to express their ideas creatively.

Please return the pet, along with your child’s weekend journal, by Monday morning so that we can share their experiences with the class. We are looking forward to seeing the stories and adventures that each child will create with their pet.

Thank you for your support in making this a fun and memorable experience for our students. If you have any questions, please feel free to contact me.

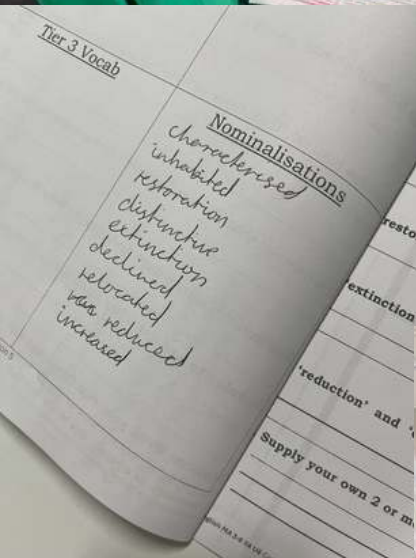


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From the 2-6 CLASS

The potatoes Class have been learning how to recognise cause and effect statements in Historical Accounts. Stage 2 have been learning about causal conjunctions. Stage 3 has been learning about nominalisation.



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BORAMBOLA EXCURSION

part 2

Borambola part 2 report- Eddie

At circus arts we had Andrew to teach us how to do spinning plates, juggling, devil stitches, ribbons, poi, balance board and hoola hoop. It was very fun.

On the second night, we had a team challenge thing where we had to pick a challenge and try and complete it for points using materials provided in the boxes given. It was quite stressful for some people and it ended up being a very long night. My team did score some points. Our team was called Megamind and although we came last we still celebrated and laughed.



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SPORTS

REPORT

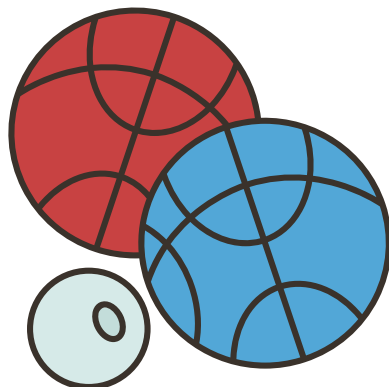
Nic

Sports report

This term we are learning how to play bocce. Last week Miss G decided to play frisbee golf.

I may have put it over the fence. At lunch time we played army dodgeball. It is a really fun game about characters and chucking balls at each other. Sometimes it gets out of hand but we still play it anyway! It has been a lot of fun playing new games and learning other awesome ones.

P.S Nic got phantom taxed



COMMUNITY NEWS



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30 OCTOBER 2024*

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SwimVAC 2025
Enrol your kids for Summer!
Program Dates: 13 January to 24 January 2025

Bookings Open!
drowningprevention.org.au/swimvac

COMMUNITY NEWS

Caragabal Public School

kindergarten 2025

ENROL NOW!

<https://caragabal-p.schools.nsw.gov.au/about-our-school/enrolment.html>

About Us
Caragabal Public School has a strong focus on quality teaching and learning which reflects students needs and learning styles.

Contact Us
6347 5225
caragabal-p.school@det.nsw.edu.au



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THE HENRY LAWSON HIGH SCHOOL

EXPERIENCE & TRANSITION PROGRAM

WE INVITE ALL YEAR 6 STUDENTS TO JOIN US FOR OUR SECOND 'COME AND TRY' AFTERNOON ON WEDNESDAY 13TH NOVEMBER- WEEK 5

1:20PM - ARRIVE AT THLHS
1:30PM - 3:20PM INDUSTRIAL TECH / FOOD TECH EXPERIENCE
3:20PM - DEPART THLHS



GRENFELL MOTEL MURAL

- 4 July - Community Consultation for artist brief development
- Artist selection - Mountain Ash Creative awarded the project.
- 30 September - Mural Concept Drop in Session held with Artists and community
- Community Consultation FINAL - Voting on 3 proposed concepts begins. Closing Monday 11 November at 5pm
- Final concept chosen by community including indicated changes
- 21 November - DA decision and final concept endorsed by Council
- 2 - 13 December (approx) Mural installation by Mountain Ash Creative
- 31 December - Mural official unveiling at the Light Up the Night New Year's Eve Street Party Proudly funded by NSW Government

ACCESS TO VOTING LINK HERE



What's the plan for the existing portraits?
We are gathering location suggestions submitted by the community in the July mural survey. Suitable options will be presented to the Council for a final decision.



KINDERGARTEN ORIENTATION

PRESCHOOL AGED CHILDREN READY FOR SCHOOL NEXT YEAR

WHEN- 4TH OF NOVEMBER, 11TH OF NOVEMBER, 18TH OF NOVEMBER AND 25TH OF NOVEMBER
NOVEMBER TERM 4

WHERE- CARAGABAL PUBLIC SCHOOL, K-1 CLASS

4 Marsden Street, CARAGABAL NSW 2810 PH: 6347 5225

Why attendance matters



When your child misses school they miss important opportunities to:



Learn



Make friends



Build skills through fun

Days missed = years lost

A day here and there doesn't seem like much, but...

When your child misses just...

they miss weeks per year

and years over their school life









1 day per fortnight
 = **4** weeks  = Over **1** year missed
















1 day per week
 = **8** weeks  = Over **2.5** years missed

Too sick for school?



Generally if your child feels unwell, keep them home from school and consult your doctor. This chart and the information it contains is not intended to take the place of a consultation with your doctor.

Bronchitis	Symptoms are coughing, a runny nose, sore throat and mild fever. The cough is often dry at first, becoming moist after a couple of days. There may be a slight wheeze and shortness of breath. A higher fever (typically above 39°C) may indicate pneumonia.	 ... until they are feeling better. Antibiotics may be needed.
Chickenpox (Varicella)	Slight fever, runny nose, and a rash that begins as raised pink spots that blister and scab.	 ... for 5 days from the onset of the rash and the blisters have dried.
Conjunctivitis	The eye feels 'scratchy', is red and may water. Lids may stick together on waking.	 ... while there is discharge from the eye unless a doctor has diagnosed a non-infectious cause.
Diarrhoea (no organism identified)	Two or more consecutive bowel motions that are looser and more frequent than normal and possibly stomach cramps.	 ... for at least 24 hours after diarrhoea stops.
Fever	A temperature of 38.5°C or more in older infants and children.	 ... until temperature is normal.
Gastroenteritis	A combination of frequent loose or watery stools (diarrhoea), vomiting, fever, stomach cramps, headaches.	 ... for at least 24 hours after diarrhoea and/or vomiting stops.
German measles (Rubella)	Often mild or no symptoms: mild fever, runny nose, swollen nodes, pink blotchy rash that lasts a short time.	 ... for at least 4 days after the rash appears.
Glandular Fever (Mononucleosis, EBV infection)	Symptoms include fever, headache, sore throat, tiredness, swollen nodes.	 ... unless they're feeling unwell.
Hand, Foot and Mouth Disease (HFMD)	Generally a mild illness caused by a virus, perhaps with a fever, blisters around the mouth, on the hands and feet, and perhaps the nappy area in babies.	 ... until all blisters have dried.
Hayfever (Allergic rhinitis) caused by allergy to pollen (from grasses, flowers and trees), dust mites, animal fur or hair, mould spores, cigarette smoke	Sneezing, a blocked or runny nose (rhinitis), itchy eyes, nose and throat, headaches.	 ... unless they feel unwell or are taking a medication which makes them sleepy.
Head lice or nits* (Pediculosis)	Itchy scalp, white specks stuck near the base of the hairs; lice may be found on the scalp.	 ... while continuing to treat head lice each night. Tell the school.

Hepatitis A	Often none in young children; sudden onset of fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine, pale stools.	 ... for 2 weeks after first symptoms (or 1 week after onset of jaundice). Contact your doctor before returning to school.
Hepatitis B	Often no symptoms in young children. When they do occur, they can include fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine.	 ... if they have symptoms. Contact your doctor before returning to school.  ... if they have a chronic infection (not the first outbreak) and no symptoms.
Impetigo (School sores)	Small red spots change into blisters that fill up with pus and become crusted; usually on the face, hands or scalp.	 ... until antibiotic treatment starts. Sores should be covered with watertight dressings.
Influenza	Sudden onset fever, runny nose, sore throat, cough, muscle aches and headaches.	 ... until well.
Measles	Fever, tiredness, runny nose, cough and sore red eyes for a few days followed by a red blotchy rash that starts on the face and spreads down the body and lasts 4 to 7 days.	 ... for at least 4 days after the rash appears.
Meningococcal Disease	Sudden onset of fever and a combination of headache, neck, stiffness, nausea, vomiting, drowsiness or rash.	Seek medical attention immediately. Patient will need hospital treatment. Close contacts receive antibiotics.
Molluscum Contagiosum	Multiple small lumps (2–5mm) on the skin that are smooth, firm and round, with dimples in the middle. In children, occur mostly on the face, trunk, upper arms and legs. Symptoms can last 6 months to 2 years.	
Mumps	Fever, swollen and tender glands around the jaw.	 ... for 9 days after onset of swelling.
Ringworm* (tinea corporis)	Small scaly patch on the skin surrounded by a pink ring.	 ... for 24 hours after fungal treatment has begun.
Runny nose or common cold		 ... unless there are other symptoms such as fever, sore throat, cough, rash or headache. Check with school.
Scabies*	Itchy skin, worse at night. Worse around wrists, armpits, buttocks, groin and between fingers and toes.	 ... until 24 hours after treatment has begun.
Shigella	Diarrhoea (which may contain blood, mucus and pus), fever, stomach cramps, nausea and vomiting.	 ... until there has not been a loose bowel motion for 24 hours. Antibiotics may be needed.
Slapped Cheek Syndrome (Parvovirus B19 infection, fifth disease, erythema infectiosum)	Mild fever, red cheeks, itchy lace-like rash, and possibly cough, sore throat or runny nose.	 ... as it is most infectious before the rash appears.
Whooping Cough (Pertussis)	Starts with a running nose, followed by persistent cough that comes in bouts. Bouts maybe followed by vomiting and a whooping sound as the child gasps for air.	 ... until the first 5 days of an antibiotic course has been completed. Unimmunised siblings may need to stay home too until treated with an antibiotic.
Worms (Threadworms, pinworms)	The main sign of threadworms is an itchy bottom. Sometimes children feel 'out of sorts' and do not want to eat much. They may also have trouble sleeping, due to itching at night.	 and tell the school as other parents will need to know to check their kids.

***It is important that the rest of the family is checked for head lice, scabies and ringworm**



COMMUNITY NEWS

Caragabal Country Golf Club

MIDWESTERN HIGHWAY
CARAGABAL NSW 2810

PHONE: 02 6347 5270



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